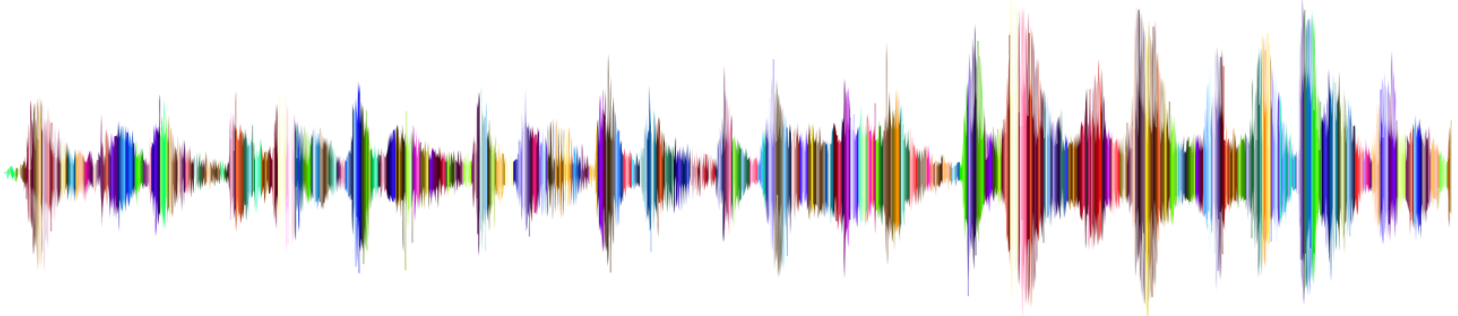


STEAM ON!

# SOUND LIKE A MACHINE



## WARM UP

- Stretch out, taking up as much room as you can! Then...
- Get small, bring your limbs in as small as you can. Repeat this 5 times.
- 6 neck rolls - rest your head on one shoulder, dip your head to your chest, and over to the other shoulder in one motion, all with a nicely relaxed neck.
- Warm up your voice! Hum quietly. Go from high to low pitch, and notice where you can feel the vibrations in your body as your pitch changes.
- Big grin - stretch your face out into the widest smile you can! Then...
- Tiny frown - scrunch your face up as small as you can! Repeat this at least twice!
- Finally... Shake your body until you're feeling nice and loose!

## LISTEN IN ON SOME MACHINES

- Remember all the machines you found yesterday? Today, we're focusing on sound, so go back around and listen to the machines in your house.
- If you shut your eyes, can you tell what they do just from the sounds they make?



- Some machines have really helpful noises - like a microwave that pings when your food's ready, or some machines that will describe what they're doing to help blind people!

## PLAY IT BACK



- Try copying the machine sounds you can find in your house
  - What actions go with them? You can revisit the ones from yesterday too!
  - Think about what makes the sound? Is it how the parts move against each other? Or how fast they're moving?
    - How do your machine's noises change when you speed up - or slow down?
- What noises would a machine make if it was broken?
- Or if it was working perfectly?
- Now slow down your actions. What noise does the machine make when it's finished it's task?

